



Yorkshire Archery  
Association

## County Coach Course

YAA is registering to run a County Coach course for coaches at level 2 who wish to progress to the next level. The County Coaching course is for coaches currently working with, or aspiring to work with, talented archers in a performance environment.

We are looking for coaches who:

- Want to further their own learning and development
- Have 2 years+ at Level 2
- Coach groups and individuals at their own and/or other clubs from novice to advanced levels
- Have a desire to coach individuals to higher levels of performance in a talent / performance context

County Coach is the L3 equivalent grade that moves from club based coaching to performance based coaching and applicants will be interviewed to ensure they have sufficient background in the sport to enable them to make this move.

### Potential dates:

Information session – to be held at York September 10<sup>th</sup>

- On expressing an interest, an application form and self-assessment will be sent by email to bring to the information day. Once interviews have been conducted, application forms will be taken in and considered as confirmed.

2018

- 24<sup>th</sup> June
- 22<sup>nd</sup> July
- 19<sup>th</sup> August
- 15<sup>th</sup> September
- 14<sup>th</sup> October
- 11<sup>th</sup> November
- 9<sup>th</sup> December

2019

- 13<sup>th</sup> January
- 10<sup>th</sup> February portfolio final assessments
- 16-17<sup>th</sup> March Assessment weekend

**Course fee is likely to be £550.**



### About the course

The course is delivered through a blend of in-course tuition, technical workshops, practical workshops, experimental and investigative work away from the sessions, seminars/1-1 sessions with the Senior Coach mentor/s. It is expected that candidates will also carry out some self-directed learning to further their knowledge in areas where they have gaps, and also arranging for any gaps in experience to be filled by working with other coaches and attending other events on an individual basis.

The course duration is a minimum of 8 days spaced over several months to allow self-directed learning between sessions, followed by 1 day assessment. The assessment usually consists of 2 learners per 2 assessors. The course is broken into modules, or units, each of which has a number of components.

Module	Description	Content includes
1	Work record, suitability and commitment <i>Pre-interview; portfolio; interview at assessment</i>	Coaching records, CV, testimonials, evidence of CPD. Evidence of participation; understanding of competition requirements
2	Written communication <i>Portfolio – internally assessed</i>	Technical and communication-based set assignments
3	Verbal communication <i>Presentations on course ; presentation at assessment</i>	Delivery of a 15 minute technical / archery presentation to a group of coaches (also delivered at assessment)
4	Performance coaching <i>Case studies – portfolio Assessed observations/sessions with archers</i>	Development of a number of archers, at least one of which forms an extended case study over 6 months Periodisation, planned programming, coaching methodologies, talent development methods
5	Analysis, tuning and knowledge of archery equipment <i>Technical presentations and workshops</i>	Technical and practical sessions covering a range of bowstyles with a focus on recurve freestyle and compound.
6	Fundamental level coach training and assessment	Instructor, L1 coach – observations, assists on courses / assessments; Instructor course delivery

To express interest and attend the information session, please contact: **Kath Fitzpatrick**, Senior Coach Tutor at [kath.fitzpatrick@icloud.com](mailto:kath.fitzpatrick@icloud.com) or tel 01226 218518